



THE  
SADDLE  
ROOM



BREAKFAST SIGNATURES



Full Buffet Breakfast • 29

Continental Buffet Breakfast • 21

## Breakfast Signatures

### **Classic Eggs Benedict • 18**

2 Poached Eggs, Sour Dough Muffin, Braised Limerick Ham, Hollandaise

### **‘Shelbourne’ Eggs Benedict • 23**

2 Poached Eggs, Sour Dough Muffin, Grilled Irish Fillet of Beef, Hollandaise

### **3 Farm Egg Omelette with Hash Brown • 19**

Mount Callan Cheddar, St. Tola Goats Cheese, Irish Farm Bacon or Ham,  
Mushrooms, Peppers, Onion, Tomato, Spinach, Smoked Salmon

### **Classic Pancakes • 11**

Buttermilk Pancakes & Warm Maple Syrup

### **‘Shelbourne’ Pancakes • 15**

Buttermilk Pancakes, Grilled Irish Bacon, Apple Compôte & Warm Maple Syrup

### **French Toast • 12**

Served with Warm Maple Syrup

If you are concerned about food allergies e.g. nuts,  
Please seek assistance from your server when selecting menu items

# *The Juice Bar*

## **Energy | 217 Calories**

A caffeine replacement juice to start the day right  
Lusk kale, spinach, flat parsley, soy lecithin, beetroot leaves and red gala apple

## **Multi-Function | 213 Calories**

A great all round invigorating juice with the natural sweetness of beetroot  
Beetroot, ruby grapefruit and cucumber

## **Skin Toning | 213 Calories**

A juice rich in vitamins A, D, E essential to maintain smooth skin  
Cox green apple, carrot, fennel, cucumber, avocado and evening primrose oil

## **Anti-Fatigue | 308 Calories**

A great tasting juice containing the anti-inflammatory properties of spinach  
Cox apple, spinach, tomato, blueberries and carrots

## **Antioxidant Rich | 180 Calories**

A juice rich with the antioxidant properties of kiwi and strawberry  
Kiwi, strawberry, blueberry and peppermint

## **Additions**

Evening primrose oil, wheat-grass powder, soy lecithin powder, spirulina, psyllium husk, plain juices, beetroot, pineapple, green apple, cantaloupe melon, seasonal fresh berries, carrot, tomatoes.

(€1 supplement for each addition. Above juices are not included in your breakfast package)

*All Juices 6.5*

## À La Carte Beverages

### Fruit Juices • 4

Fresh Orange Juice  
Fresh Grapefruit Juice  
Pineapple Juice  
Cranberry Juice  
Apple Juice  
Tomato Juice

### Coffee • 5.5

Americano  
Double Espresso  
Cappuccino  
Latte

### Espresso • 4.5

### Tea & Infusions • 5.5

Irish Breakfast  
Black Camomile  
Earl Grey  
Peppermint  
Japan Classic  
Jasmine

## Breakfast Cocktails

### Bloody Mary • 15

*Absolut Vodka, Tomato Juice, Tabasco, Horseradish,  
Worcester Sauce, Black Pepper, Lemon*

### Mimosa • 12

*Prosecco with Freshly Squeezed Orange Juice*

### Champagne Mimosa • 20

*Champagne Laurent-Perrier with Freshly Squeezed Orange Juice*

The Shelbourne Dublin, A Renaissance Hotel, 27 St. Stephen's Green, Dublin 2, Ireland.

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Visit our website: [www.shelbournedining.ie](http://www.shelbournedining.ie)